

PROJECT

AMP

AMPLIFYING  
OUR  
FUTURES



## RESOURCES

### [Treatment Center Locator](#)

Check to see if your local treatment centers are listed on SAMHSA's treatment locator.

### [Teens and E-cigarettes](#)

Learn about teen use of e-cigarettes for purposes other than nicotine.

### [SBIRT for Adolescents: Online Training](#)

IRETA is offering a free self-paced online course to enhance SBIRT practice with youth.


### [Peer Support and Recovery](#)

Listen to the t3: Changing the Conversation podcast on how peer support may help reduce recidivism.

### [Developing Peer Interventions to Reduce Substance Use Among Youth](#)

Learn about how the Center for Social Innovation designed Project Amp with our 2015 background report.

[Drug Facts: NIH Update](#) NIH updated their *Drug Facts-Monitoring the Future Survey* results. This survey is administered to 8th, 10th, and



## In This Update: New Project Amp Site Launches & Surgeon General's Facing Addiction Report is Released

### *New Project Amp Site: Teen Health Connection*

By: Casey Simon, Teen Health Connection  
& The Project Amp Team

Project Amp is launching its sixth and final study pilot site in partnership with [Teen Health Connection](#) in Charlotte, North Carolina. Teen Health Connection offers comprehensive, integrated medical care, mental health services, and prevention and health education for adolescents ages 11-22. Care is delivered by a multidisciplinary team of adolescent specialists in a safe, family-centered environment. Project Amp complements these services with a person-centered

approach to health through empowerment and prevention, and efforts to connect patients to a supportive community.

Teen Health Connection was founded in 1991 in an effort to fill the gap between youth health needs in the community and limited access to affordable health care. However, the founders recognized that affordability was not the only barrier stopping youth from accessing care in Charlotte. Teen Health Connection aims to provide developmentally appropriate, adolescent-specific care that is often not available in pediatric health care settings and systems. Reflecting this commitment to adolescent substance use prevention and education, the agency operates the Youth Drug Free Coalition, a Teen Advisory Board, and The Big Picture - a dynamic community health outreach initiative written and performed by and for adolescents.

Partnering with Project Amp has allowed Teen Health Connection's medical, mental health, and health education professionals the opportunity to strengthen substance use screening skills, particularly in the context of SBIRT (Screening, Brief Intervention, and Referral to Treatment). Project Amp also provides a community-based prevention resource for low- to moderate-risk youth who may need support, but do not require higher-level treatment. This level of community-based programming is often lacking in the Charlotte community.

Teen Health Connection has been planning for SBIRT implementation throughout 2016, and will begin referring eligible adolescents to Project Amp this month. Stay tuned for updates on this and other sites where Project Amp is being implemented.

## Surgeon General's Facing Addiction Report

The United States Department of Health and Human Services recently released [Facing Addiction In America: The Surgeon General's Report on Alcohol, Drugs and Health](#). The report highlights the importance of delaying the age of substance use initiation to prevent more serious problems later in life:

***"The earlier people try alcohol or drugs, the more likely they are to develop a substance use disorder...Although substance misuse problems can develop later in life, preventing or even just delaying young people from trying substances is important for reducing the likelihood of more serious problems later on."***

(U.S. Dept. Health & Human Services, p. ES-7)

Prevention initiatives need to start with youth and young adults to prolong the period before first use and to slow the progression of early use. In an interview with the PBS News Hour, the U.S. Surgeon General, Dr. Vivek Murthy, noted that helping young people to find healthy ways of dealing with stress and pain will go a long way to preventing problem substance use later in life. Further, the report asks that we invest more in treatment and prevention, train providers to screen and work with people with substance use disorders, and combat the stigma that has accompanied substance use. Download the full report or executive summary of [Facing](#)

12th graders each year.

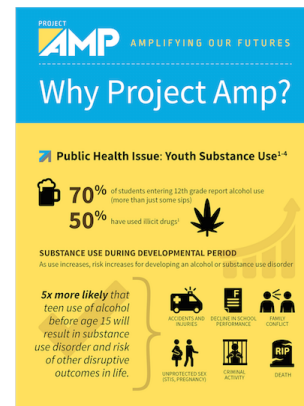


## Archived Updates

Check out archived email updates from Project Amp.

## Why Project Amp?

Download the infographic and share it with colleagues.



[Addiction In America: The Surgeon General's Report on Alcohol, Drugs and Health.](#)

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Do you know of a clinic, hospital, or school-based health center that might be interested in Project Amp? Contact [projectamp4youth@center4si.com](mailto:projectamp4youth@center4si.com).

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Center for Social Innovation  
200 Reservoir Street, Suite 202  
Needham, MA 02494  
<http://center4si.com/project-amp/>