

January 2016 – Update from Project Amp



RESOURCES

[Archived Updates](#)

Check out the archived updates from Project Amp.

[IRETA Resources](#)

Subscribe to receive updates about training opportunities, resources and webinars.

[Young People in Recovery \(YPR\)+ Rise Together \(RT\)](#)

YPR and RT join forces to improve the recovery landscape for high school-age students nationwide.

[All Things SBIRT in Ohio](#)

Review *Volume 2, Issue 1* and sign up to receive updates.

[Join Together](#)

From the *Partnership for Drug-Free Kids*: A poll finds that being emotionally unprepared for college is linked to students' increased risk of substance use.

[Mentor International](#)

Mentor International promotes the health and well-being of young people around the world through the development and dissemination of best practices and policies in substance use prevention.

Project Amp Site Spotlight

Project Amp is excited to announce the launch of our second pilot site!

We are working with the Adolescent Medicine Primary Care Clinic at Nationwide Children's Hospital in Columbus, Ohio. The team, led by Dr. Steven Matson, Chief of Adolescent Medicine, provides primary care and specialized services to adolescents and young adults in the Columbus metropolitan area. Already providing substance use screening, prevention messaging, brief counseling, and referrals to treatment, the clinic is seamlessly integrating Project Amp to extend services to adolescents at low to moderate risk of substance use disorders. Nationwide Children's Hospital makes an excellent partner, given its goal of discovery and innovation to improve the health and quality of life for children and their families.

Project Amp's partner, [Youth to Youth](#), a substance use prevention and youth leadership program, is also located within the community and has been essential to developing Project Amp, particularly in Columbus. Youth to Youth will provide local support and space, and serve as a community resource for Project Amp participants.

We are also privileged to have Sarah Nerad, co-Founder of PTR Associates, lead our mentor cohort. Nerad shared,

“For years, Columbus has been a test market for the nation. Project Amp is one of the latest innovations to be piloted here. Myself and the mentors are excited to be a part of something groundbreaking and impact the lives of a lot of young people in the process.”

Nationwide Children’s Hospital joins the Marietta High School Student Success Center in Marietta, GA, as a Project Amp pilot site. Read about Marietta High School [here](#).

January is National Mentoring Month

“By sharing their own stories and offering guidance and advice, mentors can instill a sense of infinite possibility in the hearts and minds of their mentees, demonstrating that with hard work and passion, nothing is beyond their potential. Whether simply offering a compassionate ear or actively teaching and inspiring curiosity, mentors can play pivotal roles in young peoples’ lives. When given a chance to use their talents and abilities to engage in their communities and contribute to our world, our Nation’s youth rise to the challenge. They make significant impacts in their communities and shape a brighter future for coming generations.”

- President Barack Obama

Project Amp is honored to join this important movement! Our mentors work alongside youth to share their lived experience of recovery, promote prevention and wellness, and share tools that support a healthy future.

Check out the President’s Official Proclamation [HERE](#).

[Prevention Hub](#)

The Prevention Hub builds networks and supports the global drug prevention community by sharing research, policies and effective best practices.

[Reducing Teen Substance Misuse: What Really Works](#)

Access the report from the *Trust for America’s Health*.

[Youth to Youth](#)

Go to the [Resources and Downloads](#) page to learn about the Youth to Youth model and effective research-based prevention programming for teens.

