

PROJECT

AMP

AMPLIFYING
OUR
FUTURES

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Project Amp Update: Mentors Share Their Voice at NatCon17

This year's National Council for Behavioral Health annual conference ([NatCon17](#)) presented a unique opportunity for young adults in recovery to share their voice. Conrad N. Hilton Foundation Program Associate and former Project Amp Mentor Coordinator Sissy Weldon moderated a panel discussion entitled, *Bridging Youth Recovery and Prevention: Peer Interventions to Reduce Teen Substance Use*. Panelists included Mentor Coordinator and former mentor from the Marietta, GA, high school site Kayce Courson, former mentor from the Columbus, OH, clinic site Sam Stull, and Deputy Project Director for Project Amp from the Center for Social Innovation Laura Pannella Winn. Panelists described for the audience what Project Amp: Amplifying our Futures is, how it was developed, and what it seeks to accomplish

Most importantly, it provided an opportunity for mentors to share what they gathered from their experience of Project Amp. Panelists discussed the varied ways they could draw on their recovery in their mentor sessions, the connections they made with the participants, and the challenges they experienced working with young people who have a number of barriers to participate in a multi-session program. These lessons are critical to share, as behavioral health professionals, health care providers, and school counselors and

RESOURCES

[The Thrive App](#)

This app helps parents and their teens begin a dialogue about difficult health topics, including substance use.

[Implement SBIRT for Young Patients](#)

Access the new guide from the American Academy of Pediatrics.

[New Research on School-Based Health Centers](#)

Read the recently published article, "Adolescent substance use: Assessing the knowledge, attitudes, and practices of a school-based health center workforce."

[Addiction Ted Talk](#)

Watch Michael Botticelli challenge his audience to think and speak of addiction as a disease.

[SBIRT in Various Settings](#)

Watch the free webinar, hosted by IRETA, on Thursday, May 4 at 3:00pm Eastern.

administrators—much like the panel audience of nearly one hundred at NatCon17—consider how to implement innovative prevention and early intervention programming. Our hope is that by sharing the value our mentors brought to Project Amp and the settings in which they worked, meaningful roles for young adults in recovery to work in prevention and early intervention will become more common.

We are grateful to our panelists for participating in the session at NatCon17 and look forward to identifying more opportunities in which young people, working on the ground and making a real difference, can share their experiences and insight. We will present at the [Society for Prevention Research](#) annual meeting in Washington, DC, May 30 through June 2 and hope to see you there.

Interested in Bringing Project Amp to your Community?

Six project sites are currently testing Project Amp. While research results are not yet available, we have gathered early lessons learned about how settings can tailor and implement Project Amp. If you are interested in Project Amp, we may be able to help in the following ways:

- share early lessons learned
- adapt the model to address the needs of your community
- strategize an implementation plan designed for your setting
- assist in identifying ways to recruit and engage mentors
- provide training and technical support as needed

If you would like to learn more, [click here](#) or contact Laura Winn, lwinn@center4si.com.

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Encourage colleagues to [subscribe](#) to receive regular updates from Project Amp!

Do you know of a clinic, hospital, or school-based health center that might be interested in Project Amp? Contact projectamp4youth@center4si.com.



Interested in Bringing Project Amp to Your Community?

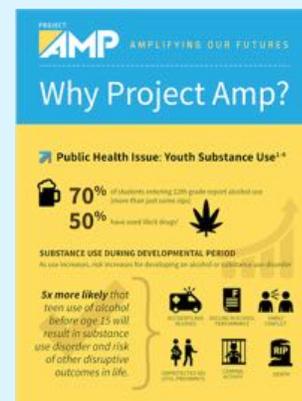
If you would like to learn more, [click here](#) or contact [Laura Winn](#)

Archived Updates

Check out archived email updates from Project Amp.

Why Project Amp?

Download the infographic and share it with colleagues.



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