

PROJECT

AMP

AMPLIFYING  
OUR  
FUTURES

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## Project Amp Research Update: Mid-Study Survey Results

The [April newsletter](#) provided a brief overview of mid-study focus group findings. This month we're highlighting preliminary survey results from three of our six sites. While our current sample is small, the emerging positive trends may offer a glimpse into what we hope the final results will tell us about Project Amp. We will complete and share final data analyses in early 2018.

We collect survey results from young adult mentors and youth participants immediately before and following the intervention. We will also collect six-month survey data from adolescent participants. We will compare seven key focus areas to assess the potential impact of the intervention. Those measures include the following:

- alcohol and other drug exposure, access, and use
- impressions of substance use, addiction, and recovery
- school performance and interest
- interests and goals
- wellness
- social activity engagement
- self-efficacy

Currently, 38 youth between the ages of 13 and 17 are enrolled in Project Amp. The mean age of our sample is 15 years old. Over half identify as Black or African/American, 24 percent as White, and 21 percent as another race. The mean

## RESOURCES

### [The Power of Prevention: Using SBIRT with Young People](#)

Watch this Community Catalyst resource on preventing drug and alcohol misuse by young people.

### [Motivational Interviewing Toolkit](#)

Visit this Institute for Research, Education and Training in Addictions (IRETA) resource to deepen your Motivational Interviewing knowledge and skills.

### [Substance Use Screening and Intervention Implementation Guide](#)

Check out this free Screening, Brief Intervention, and Referral to Treatment (SBIRT) implementation guide from the American Academy for Pediatrics.

### [Wide Angle Lens](#)

Learn how to promote the issues that matter to you while supporting systems change with the FrameWorks Academy.

### [Funding for SBIRT in Education](#)

Find funding opportunities if you are thinking about or currently implementing SBIRT

age of a participant's first drink of alcohol is 13 years of age.

Eighteen individuals completed the intervention and passed the post-intervention data collection point. One preliminary finding indicates that the perception of harm of regular use of alcohol showed a significant increase. Other positive signs of this preliminary sample include the following:

- 67 percent felt that long-term conversations they had with their mentor impacted their thoughts and attitudes about alcohol and other drugs
- 61 percent reported feeling less likely to use alcohol or other drugs as a result of Project Amp
- 72 percent rated their experience with Project Amp a 5 out of 5 (very good)

We will continue to track these outcomes as more youth complete the intervention. Also, we will be presenting our findings at the Society for Prevention Research 25th Annual Meeting from May 30 to June 2 in Washington, DC. Let us know if you will be there!

## Interested in Bringing Project Amp to your Community?

Six project sites are currently testing Project Amp. While final research results are not yet available, we have gathered early lessons learned about how settings can tailor and implement Project Amp. If you are interested in Project Amp, we may be able to help in the following ways:

- share early lessons learned
- adapt the model to address the needs of your community
- strategize an implementation plan designed for your setting
- assist in identifying ways to recruit and engage mentors
- provide training and technical support as needed

If you would like to learn more, [click here](#) or contact Laura Winn, [lwinn@center4si.com](mailto:lwinn@center4si.com).

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Do you know of a clinic, hospital, or school-based health center that might be interested in Project Amp? Contact [projectamp4youth@center4si.com](mailto:projectamp4youth@center4si.com).

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in education.

## [Integrating Primary Care: SMAHSA-HRSA](#)

Are you thinking about or currently implementing SBIRT in health care? Find federal funding opportunities above.

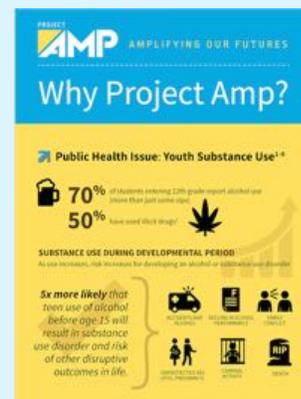


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## [Why Project Amp?](#)

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