

PROJECT

AMP

AMPLIFYING
OUR
FUTURES

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JOIN THE VOICES FOR RECOVERY
STRENGTHEN FAMILIES AND COMMUNITIES



Project Amp Update:

September is National Recovery Month

Behavioral health is essential to health. Prevention works. Treatment is effective. People recover. These are the core messages of [National Recovery Month](#), sponsored every September by the Substance Abuse and Mental Health Services Administration (SAMHSA).

This year's theme, "Join the Voices for Recovery: Strengthen Families and Communities," encourages communities to be socially inclusive, offer help to those seeking recovery supports, and provide people in recovery the opportunity to contribute to their community as citizens, parents, employees, students, volunteers, and leaders.

At [the Center for Social Innovation](#) (C4), we affirm that recovery is possible for everyone and that there are many pathways to recovery. Young adults in recovery deliver [Project Amp](#), an innovative brief intervention for youth at risk for substance use. Using a screening, brief intervention, and referral to treatment (SBIRT) framework, Project Amp aims to strengthen communities by promoting prevention and early intervention and fostering meaningful roles for young adult peers in recovery. Project Amp is unique because of its integrated focus on prevention and recovery.

RESOURCES

[National Recovery Month](#)

Find National Recovery Month events happening near you!

[Project Amp in Philadelphia](#)

Read about one staff member's impressions and experience with the Project Amp pilot study.

[Words Matter](#)

WBUR's Robin Young recently spoke with Michael Botticelli about how our language choices when discussing substance use disorders may perpetuate stigma and impact treatment outcomes.

[Supplemental SBIRT Guidance on Marijuana](#)

HealthTeamWorks has provided a fact sheet with updated information and guidance for conducting Screening, Brief Intervention, and Referral to Treatment for marijuana use with adolescents and adults.



[Archived Updates](#)

Check out archived email updates from Project Amp.

[Why Project Amp?](#)

Download the infographic and share it with colleagues.

Join Project Amp at the National Prevention Network Conference Next Week!

Will you be attending the National Prevention Network (NPN) annual conference in Anaheim, CA on September 12-14? Find us at our presentation on Tuesday at 2:00 PT!

Former Project Amp Mentor Saabi Markar and Deputy Project Director Laura Winn will lead a discussion on early study findings, lessons learned from implementation, and personal experiences working with adolescents through the program. They will also share how to access resources and support to implement Project Amp in your community.

[The NPN Conference](#) convenes students, providers, educators, social workers, policymakers, and government representatives from the substance abuse prevention field to highlight the latest research and in the the substance use prevention field.

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Encourage colleagues to [subscribe](#) to receive regular updates from Project Amp!

Do you know of a clinic, hospital, or school-based health center that might be interested in Project Amp?
Contact projectamp4youth@center4si.com.

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Why Project Amp?

Public Health Issue: Youth Substance Use^{1,4}

70% of students entering 12th grade report alcohol use (more than just some sips)

50% have used illicit drugs²

SUBSTANCE USE DURING DEVELOPMENTAL PERIOD
As use increases, risk increases for developing an alcohol or substance use disorder

5x more likely that teen use of alcohol before age 15 will result in substance use disorder and risk of other disruptive outcomes in life.

ACADEMIC RISK | SOCIAL RISK | MENTAL HEALTH RISK | RISK OF DEATH