Jeffrey McQueen, MBA, LCDC, is the Chief Program Officer for the Mental Health Association of Nassau County. Mr. McQueen is a combat veteran who has lived experience with multiple facets of recovery. Prior to his journey in recovery, Mr. McQueen experienced several institutions battling emotional distress, post-traumatic stress disorder, and substance abuse. Mr. McQueen has presented implementation techniques throughout the country on topics such as personal growth and change, time management, and other recovery-based modalities. He has learned from a variety of adversities and obstacles throughout his recovery process and has embraced these experiences as well as learned to use them to not just educate society as a whole, but to find purpose and empowerment in them.