

BRSS TACS

Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

Joanne Nicholson, PhD, is a clinical and research psychologist with over 30 years of experience. She is a professor at the Institute for Behavioral Health (IHB), The Heller School, Brandeis University. Dr. Nicholson continues as adjunct professor of psychiatry at the University of Massachusetts Medical School (UMMS), where she is co-editor of the *Journal on Parent and Family Mental Health*. She is an affiliated investigator with the Dartmouth Center for Technology and Behavioral Health.

Dr. Nicholson is internationally known for her work with families that are living with mental and substance use disorders. She has an active program of policy and practice research in partnership with people in recovery and their family members, policymakers, and practitioners. She is co-principal investigator for the National Research Center on Parents with Disabilities at The Heller School.

In addition, Dr. Nicholson is developing technology-based tools for individuals with disabilities. Her team recently completed feasibility testing of the *WorkingWell* smartphone app. The app is designed to provide follow-along support to individuals living with mental illness who are returning to work. *WorkingWell* is being adapted for use with other populations of employees who are managing health conditions on the job. Dr. Nicholson is principal investigator on the National Library of Medicine-funded project ***Bridges to Health Information for Individuals with Serious Mental Illness, developing accessible, web-based health literacy resources for individuals with mental illness and co-occurring health conditions. She is principal investigator on the recently funded Patient-Centered Outcomes Research Institute (PCORI) project—Creating a Community of Mothers with Mental Illness Using Opioids.*** Dr. Nicholson's work focuses on the management of health conditions in significant life domains, including work and parenting.

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