



BRINGING RECOVERY SUPPORTS TO SCALE

Technical Assistance Center Strategy (BRSS TACS)

Jana Spaulding, MD, is the founder and executive director of Setup4Success, LLC. Dr. Spaulding teaches courses on peer support, peer supervision, mental health first aid, and other topics specific to recovery from mental illness and co-occurring disorders. Previously, she was the program coordinator for the Peer and Family Career Academy at Arizona State University, where she created curricula for courses in advanced peer support, recruited subject matter expert presenters, and coordinated course delivery throughout Arizona. In addition, Dr. Spaulding was the recovery services administrator at Recovery Innovations in Mesa, Arizona, where she created an environment for people to reconnect with their authentic selves. She was vice president of consumer and family affairs at OptumHealth New Mexico, serving consumers and their families by promoting recovery and resiliency. A certified peer specialist, Dr. Spaulding received her medical degree from Stanford University School of Medicine.